## acupuncture & PainTreatment

center

## Beware! Don't trust a hobbyist with your health.

Wisconsin medical doctors (MDs) and Illinois MDs and Chiropractors can take a two-week or less mini-course in Acupuncture and call themselves certified acupuncturists. Often patients confuse this qualification with a Licensed Acupuncturist (L.Ac.) who has studied and trained for years at an accredited Oriental Medicine College, nationally tested and regulated by the State of Wisconsin.

Acupuncture and Oriental Medicine is a complete form of medicine which requires years of training to be proficient, not unlike a Dentist, M.D., Chiropractor, or any other complete medical discipline. Even though you wouldn't think of calling your Chiropractor for a root canal, it is not different than seeing your M.D. or Chiropractor for Acupuncture.

The popularity of complementary medicine coupled with the recent NIH efficacy studies led many HMOs, hospitals, and clinics to incorporate acupuncture, herbs, and Oriental Medicine into their delivery systems. Instead of adding more staff, by hiring a qualified practitioner, these clinics train MDs and other health professionals, at a short course, and declare them qualified acupuncturists.

Because Acupuncture and Oriental Medicine is a complete form of medicine, it is not realistic to train for two weeks or 100 hours and learn the system. Safety issues and effective needle placement require extensive training. To protect yourself, always ask your practitioner about length of time training in Oriental Medicine. Make sure it's a minimum of three years. Finally, be sure your practitioner is licensed by the state in Acupuncture.

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