

At MPTC, we put a high emphasis on the patient's own experience, recognizing each patient's unique condition.

MPTC began in 1989 and has successfully treated hundreds of conditions. MPTC has grown to become the most advanced acupuncture clinic in the state with the largest herbal pharmacy in the Midwest.

midwest
acupuncture &
PainTreatment
center

Beloit: 608-365-6771

Wausau: 715-675-6771

www.PainTreatmentCenter.net

Services Offered

Traditional Chinese Medicine (TCM) is the oldest form of healing in the world, developed and refined by physicians for over 5000 years. Disease and pain can be corrected using acupuncture and needle-free techniques, herbs, and nutrition. Anyone can be helped by TCM, from infancy through old age. Due to its wide range of applications and variety of techniques, TCM can treat almost any health condition.

Acupuncture is a highly effective treatment for a wide range of injuries and illnesses. Very thin, fine needles are placed at specific points on the body. They are connected to electro-stimulation. This increases neurotransmitters and hormones which release blockages, restore balance, and relieve pain. New patients often comment that they do not feel the needles. Only pre-sterilized disposable needles are used.

Laser Acupuncture Therapy is a beam of light that stimulates the mitochondria, or battery pack, of the cell to restore it to normal functioning. We have a variety of cold lasers so we can treat you with the correct wavelength, pulsation, and amount of joules (time plus power) to decrease inflammation, increase circulation, and heal damaged tissue. By combining the best penetrating, fastest healing lasers available with the ancient art of Oriental Medicine, your relief is optimized. We have the most experience treating the widest variety of conditions of any clinic in the country. This therapy is especially useful for patients who want an alternative to acupuncture.

"I was at the hospital with back problems and I could not stand up. They wanted to do surgery. After a series of acupuncture treatments, I am back at work doing fine without surgery." (JC)

Homeopathic Acupoint Stimulation uses micro-doses of natural homeopathy or herbal remedies directly in the acupuncture points to dramatically heal damaged tissue. This treatment is especially helpful in treating carpal tunnel syndrome, tendonitis, muscle spasm, and soft tissue injuries. The stimulation delivers the benefits of both acupuncture and herbal medicine directly to the target tissue.

Custom Herbal Formulas are concentrated formulas of liquid herbs, tailored to your individual symptoms and constitution. These tinctures are strong and quick-acting. We adjust the formula as your condition improves.

Patent Herbal Medicines are herbal formulas in pill form. We carry hundreds of these blends. They have been researched and used for thousands of years to treat a wide variety of illnesses safely and naturally. They are regulated by the USDA and manufactured by GMP standards.

Nutritional Hair Analysis Your hair sample is sent to a laboratory where it is analyzed for vitamin and mineral deficiencies, excesses, and toxic metal accumulations. The written lab report includes a complete graph of mineral levels, dietary suggestions, and supplement recommendations to guide you to better health.

Thermography is a non-invasive, clinical imaging procedure that shows thermal abnormalities present in the body. We use thermography to detect and monitor a number of diseases and physical injuries. This is the only method available to visualize your pain.

Most people require a series of treatments to relieve their complaints. Healing damaged or injured tissue or resolving chronic health issues can take up to 20 visits. The number of treatments required depends on many factors, including severity and age of the condition.

"I started acupuncture and herbs two years ago. Since then, I have had remarkable results. MPTC treated the source of my pain, not the symptoms. I no longer need prescription drugs to stay well." (PB)

"My treatments at MPTC for intestinal problems and depression changed my life. I'm thankful we have such a wonderful clinic to go to when all else fails." (DS)

Also Available:

- High quality vitamins and minerals
- Rolling massage and traction table
- Homeopathy
- Guasha
- Cupping
- Auricular therapy
- Infrared TDP heat therapy
- Hyperbaric Oxygen Therapy

Each treatment session results in continuing:

- Tissue repair
- Hormone and glandular regulation
- Muscle and tendon mobility
- Pain control
- Increase of cellular function
- Increased range of motion
- Enhanced digestion
- Pain relief naturally, without drugs, surgery or interference with your normal work schedule or activities.

Call today & start getting results!

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How do I know if a practitioner is qualified?

The correct practice of acupuncture requires years of extensive training. A Licensed Acupuncturist (L.Ac.) studies for years at an accredited Oriental Medicine College, and is nationally tested and regulated by the State of Wisconsin. As the benefits of acupuncture are more widely recognized, MDs and chiropractors can take a minicourse (ranging from two weeks to one semester) and call themselves "certified". Before beginning to work with a practitioner, be sure to ask about training. **Any health care professional using acupuncture needs to be a graduate of a full acupuncture college, and licensed by the state in acupuncture to be safe and effective.**

Because of the high demand for quality natural health services, we have offices located both in Wausau and Beloit, WI.

Our warm and friendly staff is eager to alleviate your suffering. We do not succumb to the old cliché, "You have to live with it."

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Southern Wisconsin/Northern Illinois Office
3005 Riverside Dr. (Hwy 51) • Beloit WI 53511
(Located in the historic Powers Bluff Building)
Phone: 608-365-6771

Northern & Central Wisconsin Office
3000 Emery Dr. & Hwy K • Wausau WI 54401
(1.5 miles north of Fleet Farm)
Phone: 715-675-6771

Do you have:

unresolved health issues?

a desire to stay healthy?

acute or chronic pain?

We can help you!

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MPTC Practitioners

Dr. Jennifer Blahnik



Dr. Jennifer Blahnik did pre-med at UWSP, received her degree in Acupuncture from the Midwest College of Oriental Medicine in Chicago, IL. She went on for advanced training at the Guanzhou School of Traditional

Medicine in China, and did her internship at the Guangzhou Province Hospital. She has an OMD doctorate from the Chinese Foundation of Natural Health, and is certified as a clinical thermographer, and a Shiatsu and Tuina Therapist. She obtained a two-year advanced herbal training certification from the Institute of Chinese Herbology. She teaches national Laser Certification courses and is the author of *The Handbook of Laser Therapy*. She was the first practitioner of acupuncture to be licensed in the state of Wisconsin.

Karen Dodson



Karen Dodson received her undergraduate degree from the University of Chicago and Masters in Acupuncture from the Midwest College of Oriental Medicine. She continued post-graduate

diagnostic training with Dr. Leon Hammer, MD, completing the Master Class in Contemporary Pulse Diagnosis. She also has a two-year advanced herbal training certification from the Institute of Chinese Herbology and is a Certified Herbalist and Diplomate of Oriental Medicine with the NCCAOM. Karen has extensive experience with herbs, working since 1979 as a horticulturist, compounder, and medical herbalist. She teaches a number of courses and seminars on acupuncture, herbs, and women's health.

Both Karen and Jennifer are licensed by the State of Wisconsin to practice acupuncture, and passed the National Acupuncture Board Exam. They are active in state and national organizations, including past positions with the Board of Directors of the Wisconsin Acupuncture Association, and the American Association of Oriental Medicine (AAOM). Both are nutritional hair analysis clinicians. Karen and Jennifer continue to attend and participate in trainings and seminars throughout the country, and work in frequent and close consultation with one another and with other practitioners.

PAYMENT

The therapies we offer are very inexpensive. Most conditions can be relieved at a fraction of the cost of other medical services. Payment is expected in full at the conclusion of every appointment. We will be happy to give you an insurance form to file for reimbursement.

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MPTC Practitioner

Makiko Yamamoto



Makiko Yamamoto received her undergraduate degree from Saint Benedict College in St. Joseph, Minnesota and her Masters in Acupuncture and Oriental Medicine from the Oregon College of Oriental

Medicine. She completed advanced training in herbal therapy and in tuina, a therapeutic technique for treating musculo-skeletal disorders. Her year-long internship was at OCOM and the Richmond Family Medical Clinic in Portland, Oregon. Before joining the Midwest Acupuncture and Pain Treatment Center, Makiko practiced at the Community Health Clinic in Portland, Oregon. She has experience treating internal medical conditions along with pain and injury problems. She uses patent and custom herbal formulas.

Makiko is licensed by the states of Wisconsin and Minnesota to practice acupuncture and passed the National Acupuncture Board Exam (NCCAOM). She holds a Diploma in Acupuncture from the National Commission of Acupuncture and Oriental Medicine.

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